



Hi, I'm Lauren. Allow me to introduce myself...



I survived a 3.5 YEAR knock down drag out BATTLE with Small Intestinal Bacterial Overgrowth (SIBO – *which is often the ROOT of IBS!*) after taking an antibiotic that wreaked life-threatening havoc on my delicate gut flora.

That diagnosis took me into a deep journey of discovering yoga and natural health solutions.

I am in immense gratitude, on the other side now. I am beyond thrilled and humbled to be offering my story, and knowledge on gut health & holistic living.

Restoring the integrity of my gut has been the single most rewarding thing I've ever experienced and it is my life's purpose to share with others.

I am honored to be of service. ♥ Lauren

www.LedbyLoveLauren.com

Healing Led by Love

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Self Love.
Self Care.
Freedom.

-New Moon Aligned- 30 Day Gut Cleanse



Begins Monday, Feb 4th, 2019

***2X Weekly Cleanse Support Videos** from Gut Health Expert Lauren Robinson & Psychotherapist Jenna Pacelli

***Healthy Gut Recipes** Download

***Virtual Wellness Consultation** - 45 minutes (\$75 Value)

***Year-long Access** to online FB support group

***25% OFF Cleanse Kit & Natural Supplements,**
Essential Oils for 1 year!

Your gut microbiome is made up of nearly 100 trillion organisms such as bacteria, viruses, and fungi - and these microbes are responsible for our health.

- Poor gut health is tied to nearly every disease in some way, because this is where our immune system lives and where inflammation often begins.

By improving your diet, eating plenty of anti-inflammatory foods and probiotics, cleansing, lowering stress, and exercising regularly, you can support your body's microbiome & overall vitality!

The Key Players in Reducing Toxic Load

A “toxin” is any substance that causes harm to the body and “toxic load” is the accumulation of those toxins that burden the bodies systems and organs.

Toxins can be inhaled in the air we breathe, ingested through food we eat, or absorbed when something is applied to the skin. Environmental toxin exposure (city living anyone?) and chemicals found in non-organic produce & home/body care are *daily offenders*.

Exposure to toxins can leave the body tired, bloated, and weak.

Below I've outlined the key players in our cleanse, that are essential to reducing our toxic load.



Enzymes

Enzymes cause biochemical reactions in the body that are crucial in for metabolism and detoxification.

Fresh, raw foods naturally contain enzymes. However, when food is cooked and processed, these enzymes can be destroyed. Think of enzymes as workers on a factory line. The fewer workers you have, the less productive your line is. Slow downs and backlogs can occur. With DigestZen and TerraZyme® you will get the enzymes you need to aid in digestion and support your gastrointestinal tract's overall health.*

Antioxidants

You need antioxidants to fight free radicals.

We can get antioxidants naturally from the foods we eat—especially fruits and vegetables. DDR Prime® contains a blend of essential oils that promotes a healthy response to free radicals while supporting healthy cellular function.*

Probiotics & Prebiotics

To maintain the health of the digestive system, it is crucial that we have enough friendly bacteria.

PB Assist®+ Helps to establish healthy microflora colonization, improving long term gut health.* PB Assist+ is a blend of both pre-and probiotics. Prebiotics are substances, like fiber, that foster an optimal environment for microbial colonization and activity in the gut. Probiotics are bacteria that live in the gastrointestinal tract and are known to provide health benefits. PB Assist+ employs a unique double-layer capsule that provides prebiotic fiber in the outer capsule and a time-release inner capsule with active probiotic cultures.* This unique system allows the probiotics to be released in the intestines where they will have the maximum benefit.*

Detoxifiers & Cleansers

In our modern world, the body's filtering system can be significantly challenged.

- **Zendocrine® Complex** contains whole-food extracts that provide targeted support for specific organs. It aids with healthy cleansing and the filtering functions of the liver, kidneys, colon, lungs, and skin.*

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- **Zendocrine Detoxification Blend** softgels contain Tangerine, Juniper Berry, Cilantro, Geranium and Rosemary essential oils and are key in supporting natural detoxification. Zendocrine also helps cleanse those organs of harmful free radicals, allowing them to function properly.*
- **GX Assist®** supports natural detoxification by creating an unfriendly environment for toxins in the digestive tract.* The proprietary essential oil blend helps purify and cleanse the digestive system while the caprylic acid supports overall digestive health and microbial balance.*
- **Lemon** essential oil helps support overall gastrointestinal health and provides a refreshing, invigorating arom

Ready to step into glorious gut health?

-Join our 30 day online gut cleanse group **February 4th**-

[Purchase Your Cleanse & Restore Kit for 25% Off on my site](#) {\$326.67 Value}

**Order before January 26th to ensure product delivery before cleanse begins*

Have questions? [Book a FREE 15 minute consultation with me.](#)



• **Let's Connect.**

Click the links & say hi!

- **@LedByLoveLauren**
- **My Facebook Page**
- **Led by Love FB Tribe**
- **Retreat with Love!**

I am not a doctor. I am sharing my personal, lived experience in hopes of helping others. For this reason, I must include.
 **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.